



Newsletter

Winter-Spring 2016

centralcoastfundsforchildren.org

CCFC has been providing a hopeful pathway for children in need since 1994. Funds are raised through private and business donations, membership dues, special fundraising events and ongoing community projects. These donations provide significant opportunities and services for children throughout San Luis Obispo County.

WOULD YOU LIKE TO HELP?

Did you know CCFC has three ways to remember a friend or loved one and at the same time help children in San Luis Obispo County? To contribute IN CELEBRATION, IN HONOR, OR IN MEMORIAM, please send your check to CCFC or make a donation on our website at centralcoastfundsforchildren.org. CCFC will acknowledge your donation with a note to your honoree or the family of your in memoriam. Now you know how CCFC can help you "REMEMBER A FRIEND, SOMEONE SPECIAL OR FAMILY MEMBER" when the time arises.

Another opportunity to donate to CCFC is to become an INDIVIDUAL OR BUSINESS SUPPORTER. You may contribute at your level of choice:

- Committed\$500.00 and above
- Compassionate.....\$300.00 to 499.00
- Faithful.....\$100.00 to 299.00
- Caring.....\$ 35.00 to \$ 99.00

Supporters are invited to attend the Annual Supporter Luncheon in the spring and will receive our newsletter. If you are interested in supporting CCFC in any of the above ways, please indicate your type of donation and make checks payable to CCFC. Thank you for joining our mission to serve children in need in San Luis Obispo County.

CCFC P.O. Box 1046
San Luis Obispo, CA 93406

President's Message-Claudia Grant



"If you're not having fun, you're doing it wrong." Alex Bogusky

I must say...being President of CCFC has brought me great joy and a lot of laughs. The more I get to know the ladies in this organization, the more I appreciate their sense of humor, their desire to make our projects happen and their love of all children. I am truly honored to be a part of such a lovely group of women who volunteer their time and talents to bring a ray of sunshine into the lives of so many.

Vice-President's Message-Joanne Rogoff

In 2016 we bid farewell to Karna Stitt and Shay Peck due to other time commitments. Pat Kowal returned as an active member while still supporting art education.

Longtime member Marge Cooper has transitioned to Trustee status. We will be welcoming two new provisional members in May; Pamela Boone and Joyce Zanini. Pamela is a retired oncology nurse. Joyce is a retired Kindergarten and first grade teacher. Thank you to our many Trustees who actively participate in meetings and events. CCFC looks forward to full active membership this year.



Sunshine Sacks

Chairs Cheryl Fernandez & Sharon Baldrige



Our members continue to meet to create fun-filled sacks for the emergency foster care children as he or she is placed into the system. A group of our members spend several hours once a month sewing decorative bags and stuffing them with a blanket, coloring book, stuffed animal, journal, crayons, pencils, toothbrush and a hair brush. For some of the older children, we include hand lotion, deodorant, shampoo and hard candy.

We distribute these bags to The Family Care Network, Women's Shelter and The South County Youth Coalition. In 2015, we delivered 148 Sunshine Sacks. We wish to thank St. Barnabas Thrift Store for their generous donation of \$1,007.00 towards this project. With this money, we will be able to buy supplies for our sacks. We are also grateful to the Church of the Nazarene located on Johnson Avenue for making available a place to meet and make our sacks.

Supporter Luncheon March 16, 2016

Chairs: Chris Poe & Diane Martinelli



The 2016 Annual Open Meeting and Supporter Luncheon was held March 16th at the San Luis Obispo Country Club. This year's theme "Season of Sunshine" was poured out for members, guests, and supporters. The 2015 CCFC grant recipients shared stories of how CCFC and their agencies are making a difference in the lives of children in need. Tables were decorated with CCFC "Sunshine Sacks" and sunflowers. Children entering foster care or who are in need of support receive these personal sacks filled with toiletries, cozy blankets, and games. Everyone enjoyed a lovely lunch and a collective spirit of joy.

Special guests this year included Jack San Filippo (San Luis Tribune) and Jared Hamil (California Pizza Kitchen). We appreciate their continued support for CCFC.

Children's Day in the Mission Plaza-SLO April 9, 2016

Chairs: Marge Cooper & Vernieeee Lincoln



Occasional rain drops could not keep the volunteers from CCFC away from this annual event at the Mission. Hundreds of 'fruit loop' cereal necklaces and bracelets were made by children, parents, and volunteers. Hundreds of cereal necklaces and bracelets were quickly devoured by the children. There were many aspiring engineers and artists whom crafted these works of art. There were all blue, with accents of yellow, multi-color and color blocking. And of course

there were plenty of 'fruit loops' all around the work stations. Over 10 giant boxes of 'fruit loops' were employed in jewelry making. What a great way to participate with the children of our community. A huge thank you to Verniece for setting up, coordinating and managing the event on-site.

CCFC Chip in Fore Children Golf Tournament-Morro Bay April18, 2016

Chairs: Jeanette Meek & Cheryl Fernandez



Our annual Chip In Fore Children golf tournament held at Morro Bay Golf on April 18¹ was once again a huge success. We had 58 players and 24 hole sponsors. We couldn't have asked for a better day in Morro Bay with plenty of sunshine and no wind. We had three flights with men, women and couples. The net and gross winners of each flight took home a bottle of wine. Nine wonderful baskets were raffled off.

Morro Bay Golf provided a delicious hamburger buffet.

Thank you to all the people who sponsored a hole and to the participants that played. We couldn't do this work for the children of San Luis Obispo County without your support.



Kite Festival in Morro Bay-April 23, 2016

Chairs: Audrey Alfano & Carolyn Klingler



April 23, 2016 was a beautiful sunny day in Morro Bay! Arrived at 10am and the tent was set up including all the tables and chairs. Two long tables in the front of our booth to use for CCFC ladies to pass out the supplies. Three members arrived at 10:30 for the finishing touches and within minutes we had a handful of kids arriving to make kites. There were full tables the entire day. By midafternoon the winds really kicked up and though it was difficult to work in such windy conditions it did not stop the kids. So many children with so much pride over their creations. It was really heartwarming. We collected \$104 in donations. We distributed well over 300 kites.

Thanks to the following for helping make this day a success; Ann Whitehead, Gay Hull, Claudia Grant, Cyndi Framme, Pat Hock and Carol Berry!!!!!!!

Phyllis Sweet Muratet Quinn

(February 20, 1930-June 2, 2015)

In remembrance of Phyllis Sweet Muratet Quinn



Central Coast Funds for Children recently received a generous donation from the Phyllis Louise Quinn Charitable Trust.

Much of Phyllis Louise Quinn's life was one of devotion to children; her own and the lives of other children.

She was involved with the Boys Scouts, serving as a den mother for her sons' Cub Scout Dens and in the Boy Scouts of America Troop 62. Phyllis was active in the PTA while her children were growing up. She played the piano for the children's choir and helped produced several school musicals. She was a dedicated member of the Para Ninos organization of Children's Home Society and later the Assistance League.

In Phyllis' 85 years, she married Jerry Muratet and raised her children; Michael, Patricia, John, Alan, James and Jerrienne.

Phyllis was preceded in death by her first husband, Jerry Muratet, and her second husband Bernard Quinn. She added two of Bernie's children; Bernie and Mary, along with 21 grandchildren and 16 great grandchildren to her family.

Thank you from all CCFC members and trustees to the estate for this gift to the children of San Luis Obispo County.

First 5 SLO County

Winner of the surprise 2016 "Champion for Children" Award- to the volunteer organization, Central Coast Funds for Children!

April 19



Joanne Rogoff and Claudia Grant were very proud to accept the "Children's Champion" award April 19th from First 5. They have always recognized individuals in their "Hands on Hero" program in the past. This year they developed a brand new category to pay tribute to CCFC. Thanks to Lisa Fraser for nominating CCFC. It is terrific to receive recognition from the community for our ongoing dedication and work in the county.

Congratulations to every active member and trustee of CCFC.

Grant Recipient Spotlight - Equine Alliance

Lori Harmon, Executive Director Equine Alliance Youth Foundation



The love of a horse

A kind of magic happens when a desperately unhappy child is brought to the country to interact with horses. A change of environment, especially from an urban area to open, natural surroundings, filled with fresh air and flooded with sunshine, can have an uplifting and calming effect, and with time, a child can begin to let go of a lot of pain, pent-up or negative emotions.

When a child or teen is brought to the ranch for the first time, they are often guarded, withdrawn, depressed or angry. Many of their relationships have been unstable-but the relationship they will experience with a horse will be completely different from any other. Horses are completely honest in their encounters, and for many children and teens this will be the first interaction they have ever had in which they can be relaxed, let their defenses and honestly be themselves.

Equine-Assisted Therapy at our ranch is an experiential therapy that is particularly effective with children and troubled teens. Why because, horses are naturally social animals with personalities, attitudes, fears, and moods and are very sensitive to the energy around them. Horses mirror and respond appropriately to human interaction, allowing kids to experience self-discovery naturally. Horses allow kids a non-judgmental connection and participation without the negative and uneasy feelings sometimes associated with traditional "talk therapy" in a clinical setting.

When kids work and bond with a horse, they are able to gain insight into their emotions and behavior and have a non-threatening opportunity to immediately find a more productive, positive way of interacting and communicating. Horses and kids connect because they are both seeking the same feelings; trust, love and acceptance. Once a child realizes this similarity, he or she is able to form a bond that is uplifting and inspiring. Horses are able to teach kids about themselves and their interaction with others around them. The honest, accepting, intrinsic innocence of the horse reinforces that their love is mutual and unconditional. Kids begin to let their defenses down, they begin to open up and trust others, expressing emotions that put them on the path to healing.

The majority of children and teens that come to the Equine Alliance Youth Foundation ranch are referrals from San Luis Obispo County and several resource foster care agencies. Many have suffered trauma, abuse, multiple placements and or abandonment. Working with horses may be the first time that they have ever experienced an emotionally powerful bond of affection and loyalty that is unconditional. Experiencing this kind of unique, inter-species bond of love can have life-changing effects for a child.

Thank you Central Coasts Funds for Children for giving children the opportunity to develop in healthy ways: physically, cognitively, academically, emotionally and socially while gaining the tools to achieving their full potential as adults and becoming our next generation of leaders, hard workers, engaged citizens and effective parents.

Without your generosity this would not be possible. On behalf of all the kids and horses at Equine Alliance Youth Foundation, we thank you!

Upcoming Events/Calendar

June

- 4 Camp Reach for the Stars/Jack's Helping *Hand-Chairs: Marsha Braun/Audrey Alfano*

August

- 10 CCFC Coupon Day-California Pizza Kitchen-San Luis Obispo-Chair: Gay Hull (805)602-2395



Dine in or out with coupon!

September

- 11 CCFC Garden of Giving Fall *Event-Chairs: Pat Hock & Gay Hull*



The Victorian Estate (789 Valley Road, Arroyo Grande)

There will be a full barbeque dinner prepared by the Kiwanis de Tolosa of San Luis Obispo. Plans are underway for this outstanding fundraising party for family and friends of CCFC.

- 30 Grant Application Deadline

Reminder: Grant request guidelines and applications can be found on our website: centralcoastfundsforchildren.org.

November

- 9 CCFC Coupon Day-California Pizza Kitchen-San Luis Obispo-Chair: Gay Hull

December

- 2 Season to Believe Winter *Event-Chairs: Joanne Rogoff & Carolyn Klingler*
Madonna Inn-San Luis Obispo

Active Members

Audrey Alfano	Cheryl Fernandez	Pat Hock	Diane Martinelli	Joanne Rogoff Linda
Sharon Baldrige	Cyndi Framme	Gay Hull	Jeanette Meek	Rundstrom Gillian
Marian Bernick	Paula Gingrich	Bonnie Kennedy	Susan Murray	Sinclair Paula
Marilyn Blake	Claudia Grant	Carolyn Klinger	Ricki Pace	Tolbert Chris
Marsha Braun	Muriel Harkins	Pat Kowal	Chris Poe	Wheeler Kristy
Kim Conti	Patti Hempenius	Verniece Lincoln	Leslie Rodman	Wilson
Corinne Cilli				
Provisional Members	Pamela Boone	Joyce Zanini		
Honorary Member	Virginia Yasumoto			

Trustees

Louise Angere	Anne Brown	Eleanor Cloverdale	Madi Gates	Liz Keese
Judy Barnett	Deronda Burdette	Lynn Ekegren	Ann Hansen	Alice-jo Meinhold
Trudy Beresky	Sue Carpine	Betty Flagg	Dorothy Harden	Ginny Nicolaidis
Carol Berry Linda	Mary Ciernia	Marianne Fonte	Carol Huff	Jo Seimsen
Booker Bonnie	Pam Clark	Dorothy Fryer	Leila Humphrey	Ann Silva
Brinton	Marge Cooper	Vanessa Fujimoto	Virginia Hysen	Diane Volny
	Kathy Coull		Francine Johnston	Ann Whitehead

Board of Directors 2016

President: Claudia Grant

Treasurer: Corinne Cilli

Recording Secretary: Leslie Rodman

Fundraising Coordinator: Ricki Pace

Vice-President: Joanne Rogoff

Corresponding Secretary: Paula Gingrich

Grant Review Chair: Susan Murray

Parliamentarian: Patti Hempenius

Grant Review Board 2016

Chair: Susan Murray	Sharon Baldrige	Marian Bernick	Marilyn Blake
	Cheryl Fernandez	Claudia Grant	Leslie Rodman

In Memoriam and Honor-2016

Jeff Cole

Ann and Jim Whitehead

Joanne Burke

Paula and Tom Tolbert

Janice West Larry

and Pat Hock Sean

Sutter

Richard and Susie Wood

Linda Ham

David Craft



2016 CCFC Supporters

Committed

Angela Brokaw
Mary Benner
Bonnie Brinton
Cherise Gordon
Gerry Johnson
Louis Tedone, Charitable Trust
Pacific Eye
Phyllis Louise Quinn Charitable Trust
Renaissance Charitable Trust
Susan Silverstein
SLO County Medical Society
SLO County Medical Assoc. Alliance
St Barnabas Thrift Shop
Tap It Brewing Co

Compassionate

CARING Movie Club
Muriel Feuer
Pepe Delgados
SLO Church of Nazarene

Compassionate (Cont'd)

SLO M
Topy Miller

Faithful

Better Business Financial Services
Barbara Attinello
Barbara Heneveld
Cheryl Seibert
Five Cities Newcomers Act 2
Jean Steele Joanne
Burke Joanne
Jennings
Mardee Whitehouse
Marlene Peter
Marianne Brewer R.L.
Cruikshanks Robert
Sorenson Robin Hernan
Rosalynn & Steve Carroll

Faithful {Cont'd}

Susan Peal

Caring

Robert & Olga Harway
Frank Martinez
Sylvia Drucker
